

# History

The Nenqayni Wellness Centre began treatment services in 1983 after several years of struggle and hard work by many concerned people of the Cariboo-Chilcotin. Nenqayni first provided services out of the old residential school (St. Joseph's Mission), moving to the Slumber Lodge Motel and finally moving to its own newly built facility.

Nenqayni finds its home today on the beautiful Deep Creek reserve surrounded by Fir, Alder and Pine. The facility is nestled near the base of an old ski hill. A gentle creek runs near the sweat lodge and wildlife is often observed close by.

The Family Alcohol & Drug Program facility was officially opened August 23, 1991. The Youth & Family Inhalant Program opened September 6, 1996 and was one of the first solvent abuse treatment centres funded by Health Canada.

# Mission Statement

"To provide holistic healing to First Nations and Inuit youth, families and communities in a safe and secure environment."

# Structure & Governance

The Nenqayni Wellness Centre Society is governed by a six-member Board of Directors. Each of the three Nations of the Cariboo-Chilcotin region, (Shuswap, Carrier and Chilcotin) have two representatives on this board.

The society's membership is made up of fifteen First Nations communities from the surrounding area. The communities represented are:

## Shuswap

- Alkali Lake
- Canim Lake
- Canoe Creek
- Soda Creek
- Williams Lake

## Carrier

- Red Bluff
- Nazko
- Kluskus
- Ulkatcho

## Chilcotin

- Alexandria
- Anaham
- Alexis Creek
- Xenigwet'in
- Stone
- Toosey

**We are the circle**, from the morning sky we were born, Alcohol has weakened our circle, now our children mourn.

We are the people, dancing in unity, with a handshake, medicine wheel and the twelve suggestions of recovery, we will awake.

We are the creation, praying with one mind, in the four directions, with the strength of the drums, we will reach out, to all our relations.

Great Spirit, I thank you, for giving me back my life. Give me the strength to reach out to my relations, to save their lives.

All my relations,  
Fred Johnson, Alkali Lake, BC

# Contact Information

Located at 4802 Highway 97, 21km North of Williams Lake

Ph: 250-989-0301 • Fax: 250-989-0307  
[www.nenqayni.com](http://www.nenqayni.com)

P.O. Box 2529, Williams Lake, BC V2G 4P2



## Intake Coordinators

### Family Alcohol & Drug Program

Joan Evans  
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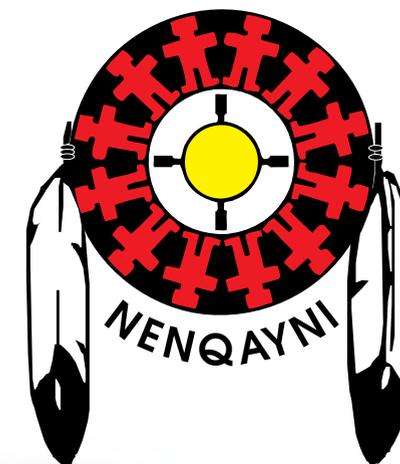
### Youth & Family Inhalant Program

Sharon A. Duffy  
Email: [sduffy@nenqayni.com](mailto:sduffy@nenqayni.com)

# NENQAYNI

(NEN-KY-NEE)

## Wellness Centre Society





## Programs

### Family Alcohol and Drug Program

- Administration office (main building)
- Group and therapy rooms
- Four family units, complete with kitchen and supplies; 16 funded beds
- Classroom provided by School District 27
- Antoine Archie Learning Centre - Licensed Daycare

### Youth and Family Inhalant Program

- 10 Funded Beds
- Aftercare and Follow-up
- Up to 18 years

## Program Content

### Family Alcohol and Drug Program

- An eight week culturally based residential program
- Alcohol and drug awareness and personal growth through individual, family and group counselling
- Health and nutrition education
- Parenting skills workshops

### Youth and Family Inhalant Program

- A four-month residential program
- Individual and group counselling in a holistic and culturally appropriate setting
- Gym & recreational activities for both programs

### Requirements

- Fourteen day “dry” or detox prior to entering program
- Completed Referral/Assessment Package
- Medical Examination and Doctor’s assessment, including TB test (TB test not required for children four and under)

### Who May Attend?

First Nations and Inuit from British Columbia and across Canada.

## Cultural Activities

Native culture is about pride, dignity and respect for all living things.

The Centre is located on Secwepemc (Shuswap) land close to Tsilhqot’in (Chilcotin) and Dakelh (Carrier) Nations.

The people that come to our programs come from across the country. With this in mind we offer a variety of activities and ask that persons attending share part of their own culture while visiting.

Activities may include:

- Weekly sweat lodge
- Daily smudge (sage & prayer)
- Pipe ceremony
- Drum making
- Sage/cedar picking
- Drumming/singing/dancing
- Various craft activities

## Continuing Care

Nenqayni Wellness Centre sets up “Going Home Plans” with adults and youth who attend our programs. The referral worker from the home community plays an important role in assisting people when they return home.

We acknowledge the valuable assistance that the referral workers give, often going outside of their job descriptions and working with sometimes limited resources to bring the best services to the people we serve.

We value the “community connection.”

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